



MONDAYS @ NORTHPOINT

A free emotional wellbeing service for women who have been sexually abused in childhood

Contact us now if you want a confidential space to think with a trained professional about what you have been through and how to move forward in life.

Practicalities!

- Appointments? - Available from February 2019
- When? - On a Monday during school hours
- Email **NOW** to secure a place

Northpoint Wellbeing is a Registered Charity No. 1057908

Speak to an experienced therapist who understands

Use the time to work out what is best and next for you

Interested? Or want to refer someone who is?

email in confidence to:

mondays@northpoint.org.uk

Leave name, email and number and we will contact you.

Northpoint Wellbeing

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mondays @ northpoint